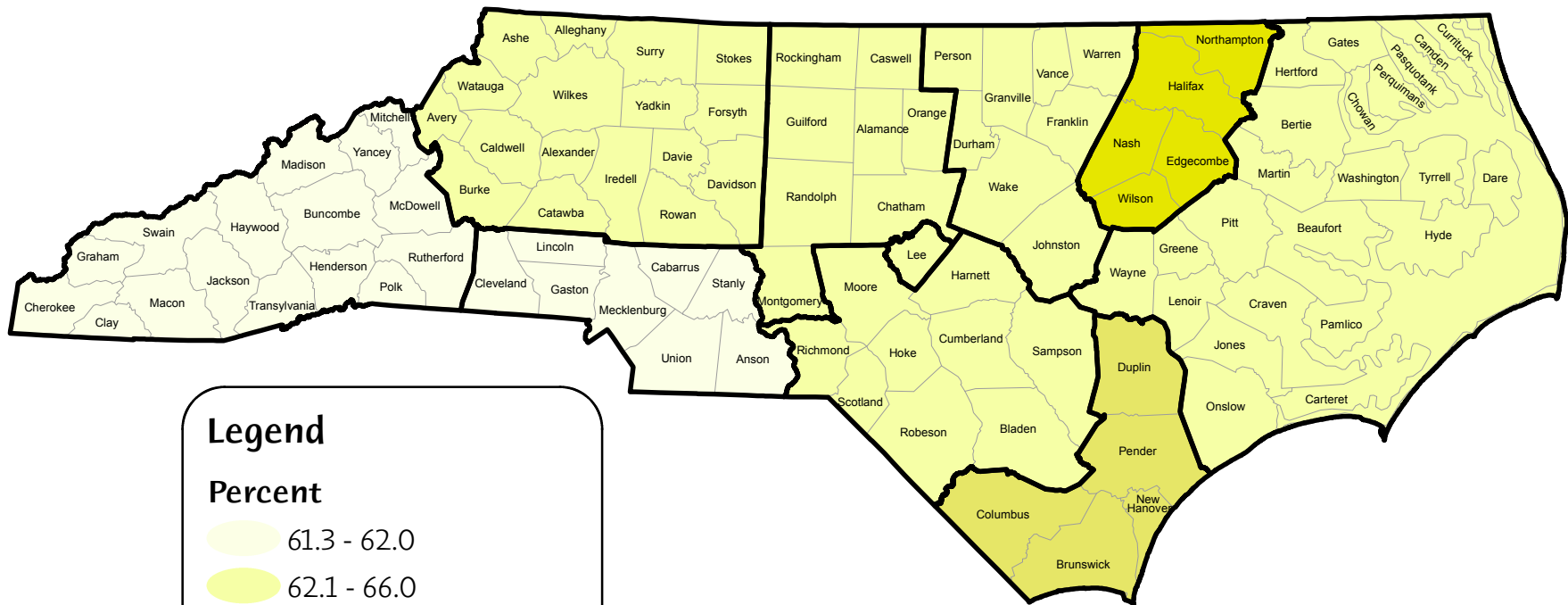


Percentage of North Carolina Adults Who Are Overweight or Obese BMI* ≥ 25 by Area Health Education Center Regions, 2007



Legend

Percent

- 61.3 - 62.0
- 62.1 - 66.0
- 66.1 - 67.6
- 67.7 - 71.5

AHEC Region Boundary

County Boundary

Source: 2007 Behavioral Risk Factor Surveillance System (BRFSS)

*Body mass index is computed as weight in kilograms divided by height in meters squared: (kg/ m²). BMI is an intermediate variable used in defining overweight and obesity. Underweight=BMI less than 18.5, Recommended Range=BMI 18.5 to 24.9, Overweight=BMI 25.0 to 29.9 and Obese = BMI greater than 30.0.

